

# UK CRAFT WORKSHOPS

In 2015, we ran weekly therapeutic craft workshops in North Yorkshire: in St Andrew's Church, Harrogate, St Margaret's Church, Horsforth, Ripon Hospital, and Harrogate Hospital. Approximately, 30-35 participants in total attended these sessions per week, with room for more to join.

Crafts include paper-making, mosaics, card-making, tie-dyeing and more.



**OUR LONG-TERM VISION IS TO EQUIP VOLUNTEERS ALL ACROSS THE UK TO RUN THESE SESSIONS.**

## Our hospital sessions...

With high demand for physiotherapy in hospitals, our sessions continued to provide a much-needed opportunity for long-term inpatients to improve motor skills, hand-eye coordination, speech and social skills.

Our craft sessions also combat depression and isolation, restore confidence, lift spirits and impart new skills. The patients treasure the crafts they make.

## Our community craft workshops...

In 2015, these workshops for people with disabilities in the local community continued to be a vital chance for social interaction and therapeutic activity for the attendants.

**WE PROVIDE A FUN AND CARING ENVIRONMENT IN WHICH DIFFERENTLY-ABLE PEOPLE CAN LEARN NEW SKILLS, MAKE NEW FRIENDS AND WORK TOWARDS A COMMON GOAL, RAISING FUNDS FOR PEOPLE WITH DISABILITIES LIVING IN POORER COUNTRIES.**



They can keep the products they make, or donate them to be sold in aid of our work overseas. The disabled participants who attend our sessions are often on the receiving end of help, and so they really appreciate the chance to serve others through the work they do. This year, the products they have made have helped us raise money for our project in Peru.